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9481443376**Bulletin Editor :**Rtn. Ajith Rao
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ONAM CELEBRATIONS

Onam is celebrated in Kerala in remembrance of the good governance under the rule of Mahabali, a mythical king who ruled Kerala. The legend holds that jealous of Mahabali's popularity and his power, the devas and gods conspired to end his reign. Lord Vishnu came to earth as Vamana in the form of a dwarf Brahmin who trampled Mahabali to patala (netherworld). However, witnessing Mahabali's generosity, Vishnu granted the king's sole wish to visit his land & people once every year. This homecoming of Mahabali is celebrated as Onam in Kerala every year. This is also the harvest festival of Kerala.

Onam falls in the month of Chingam, which is the first month according to the Malayalam Calendar. This is generally end of August to beginning of September as per the Gregarian Calendar. The celebrations mark the Malayalam New Year, and is spread over ten days, and conclude with Thiruvonam. Other days have a diverse range of celebrations and activities ranging from boat races, cultural programs, sports competitions, dance events, martial arts, floral Rangoli-pookkalam, prayers, shopping, donating time or food for charity to spending time with family over feasts. Men and women wear traditional dress. The Kerala sari or Kasavu sari is particularly wore on this day.

The celebrations reach their peak on the auspicious day of Thiruvonam. Households are adorned with exquisite floral carpets (Pookkalam), traditional art forms and games are seen everywhere and homes are cleaned and decorated. Onam is also famous for the special vegetarian meal known as 'Ona Sadhya' which is served on a plantain leaf. This include delicacies such as kuthari choru, sambar, rasam, pappadam, kondattam, manga pickle, pineapple pachadi, kai uperi (banana chips), pal payasam, jaggery payasam and much more.



PROGRAMME

TODAY AT 07.00 PM

Next meeting. 01.10 2024. AT 07.30 PM

**Onam Celebrations with Pookalam
and traditional Onam dance**

Speaker meeting

Ann & Annets invited

Dinner Meeting

Ann & Annets Invited

Brief report of the meeting held on 17th September 2024. Past President Rtn. Ganesh Krishna Bhat presided in the absence of President Rtn. Mohan Nair and welcomed all. Rtn. Raghavan rendered invocation. **Rtn. Shambhavi Prabhu** informed in her classification talk that she was born and brought up in Mangalore. Had her early education in Lady Hill School and got degree from Canara College. After graduation she applied for Bank jobs and got selected for Syndicate Bank. She further informed that our Senior member Rtn. T. G. Shenoy was the Head of the interview panel which selected her. She got her first posting at Belgaum in 1987. She liked her work and also liked the place for its weather and scenic beauty. Later she got transferred to Mangalore and worked in many places including Bangalore, Mumbai etc. She loved her job as it involved helping people by giving them loans for business, house construction, vehicles and education. Syte Bank got merged with Canara Bank which did not cause much difficulty for her work as both were south based banks. Her toughest assignment was during Covid time when she was working in Mumbai. Running the bank was very difficult due to shortage of staff and also very difficult conditions as she had to go on deputation to various branches spread over the large area of Mumbai. She got married with Rtn. M. S. Prabhu who was working in Canara Bank and they are blessed with a daughter who is married and well settled in Bangalore. She joined Rotary Club while she was Senior Manager of Canara Bank Car Street Branch due to the efforts of Rtn. T. G. Shenoy and she is very happy with the club.

Next **Rtn. Pundalika Nayak** informed that he was born in a traditional undivided agriculturist family having 180 acres of agricultural land. After land reforms came the lands of the family was lost and his father has to start doing other businesses. He said that he was also doing part time work like affixing beedi labels etc. while simultaneously finished degree in Mechanical engineering from Nitte Engineering College. After that he got job at Special Economic Zone Mangalore through the help of family friend. He is now involved in water treatment for supply to all the units of SEZ. He also looks after fire and safety of SEZ. He informed that SEZ is spread over 1800 acres of land and several times leopards come there and he has devised a leopard trap to capture them. He further said that he still lives in his ancestral large house in the village. His father had written a story which was made into a Konkani Movie " Tarpan " which was completely shot in his house. He said that he had the good fortune to act in the movie in a small role.

Dr. Prabha Adhikari informed that a zoom meeting for all the Rotary Clubs of the District could be done to educate about Old age Awareness. Further she said that on account of Alzheimer's Day PAGE has organised a competition for Senior and Super Seniors at Rotary Bhavan on 25.09.2024 at 3 pm and requested everybody to come and participate.

Rtn Dr. Shivaprasad informed that under the DDF grant of \$ 728 to our club it is proposed to donate a Threadmill to Chethana Child Development Centre and Adama Chethana Day Care Centre for Divyangas at Madhava Vana , Montepadavu, Naringana. The club members approved the same. Rtn. Raghavan informed about the installation ceremony of the Interact Club of St. Lawrence School Bondel on 11.09.2024 and said that a total of 112 interactors joined the club.

PP Rtn. Dr. Prakash K. E. informed that our Rotary Club in association with KMC Attavar and NSS is organising a Medical Camp at Shree Devi Institute of Technology, Kenjar on 20th September and requested all members to attend. In the end Rtn. Dr. Sukesh Rao proposed the vote of thanks.



Prof. Dr Shivaprasad K MD (Hom)
Prof. Dr Jyoshna S MD (Hom)
Consultant Homeopaths

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Dr Shivaprasad's

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Message from TRF Trustee **Bharath Pandya**

WELL DONE, INDIA



The Rotary Foundation is the backbone of Rotary. Rotarians of our zones have shown that they are committed and fully supportive of the Foundation. In 2023-24 India was Number 2 in the world with a contribution of nearly \$32 million to TRF. Five districts contributed over \$2 million each and 10 districts contributed over \$1 million each. What is more, an Indian district RID 3141 was the Number 1 contributor and four districts were among the top 10 worldwide. That is truly remarkable. Compliments to the 2023-24 district governors, district and regional TRF teams of our zones for this great effort.

The trustees of The Rotary Foundation have set an ambitious fundraising goal of \$500 million for 2024-25.

Some of The TRF priorities for 2024-25 are :

Support End Polio Now by contributing to your district's PolioPlus Society to help your district achieve a minimum of 50 members or grow the PolioPlus Society by 20 per cent by the end of 2024-25.

Become a Paul Harris Society member by donating \$1,000 to the Annual Fund every year and encourage others to join too.

All Rotary clubs must contribute to the Annual Fund. Increase the number of donors by 20 %.

Focus and leverage CSR India grant.

As a team let us reach our Endowment goal of \$2.025 billion by 2025.

Together let us keep doing good in the world. That is the Magic of Rotary and TRF.






ಉಚಿತ ವೈದ್ಯಕೀಯ ತಪಾಸಣಾ ಶಿಬಿರ : ಶ್ರೀದೇವಿ ಕಾಲೇಜಿನ ಎಂಬಿಎ ವಿಭಾಗದ ವತಿಯಿಂದ ಎನ್.ಎಸ್.ಎಸ್ ಸಹಯೋಗದಲ್ಲಿ ಕೆಎಂಸಿ ಅತ್ತಾವರ ಮತ್ತು ಮಂಗಳೂರು ಉತ್ತರ ರೋಟರಿ ಕ್ಲಬ್ ಸಹಭಾಗಿತ್ವದಲ್ಲಿ ಉಚಿತ ವೈದ್ಯಕೀಯ ತಪಾಸಣಾ ಶಿಬಿರವನ್ನು ಕೆಎಂಸಿ ಅತ್ತಾವರದ ವೈದ್ಯಾಧಿಕಾರಿ ಡಾ. ತೃಪ್ತಿ ಅಗರ್ವಾಲ್ ಉದ್ಘಾಟಿಸಿದರು. ರೋಟರಿ ಕ್ಲಬ್‌ನ ಜಿಲ್ಲಾ ಉಪ ರಾಜ್ಯಪಾಲ ರೋ.ವಿಶ್ವನಾಥ ಶೆಟ್ಟಿ ಜಿಲ್ಲಾ ಕಾರ್ಯದರ್ಶಿ ರೋ. ಡಾ. ಶಿವಪ್ರಸಾದ್, ರೋ. ರಾಘವನ್, ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲ ರೋ. ಡಾ. ಕೆ.ಇ.ಪ್ರಕಾಶ್, ಉಪ ಪ್ರಾಂಶುಪಾಲ ಡಾ.ನೇತ್ರಾವತಿ ಪಿ.ಎಸ್., ಎಂಬಿಎ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥೆ ಡಾ. ಗಾಯತ್ರಿ ಬಿ.ಜಿ., ಕಾರ್ಯಕ್ರಮದ ಸಂಯೋಜಕ ಪ್ರೊ. ಆಗಸ್ಟಿನ್ ಡಿಸೋಜ ಉಪಸ್ಥಿತರಿದ್ದರು.



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Prop: Walter D'Cunha





Congratulations to our past President Rtn. Dr. Prakash K. E. for getting the "Engineer's Day 2024 Honour" on 15.09.2024 from The Institution of Engineers' (India), Mangalore Local Centre.



Congratulations to our member Rtn. Ramanand Pai for bagging the 2nd Prize at the Photography Competition 'Ankanada Habba' organised by South Kanara Photographers Association DK-Udupi.



Rotary **MANGALORE**
RID 3181 ZONE 3



Date: 18th SEP 2024

Dear MAGIC leaders of zone 2 and 3, Namaste

Warm wishes from Rotary Club of MANGALORE. We are glad to inform you that this year, we have been given the opportunity to host "Rajatha Kala Sambhrama 24", the Multi Zonal Cultural events for the year 2024-25.

This mega event is now scheduled to be held on 6th October (Sunday) at TULU BHAVANA, BEHIND URVA POLICE STATION, URVA STORE, MANGALORE. The event shall commence from 08:00 a.m. onwards. Attached herewith please find rules and regulations for kind necessary preparations.

As through the years, each Rotary Club of our zones are requested to contribute of Rs.150 per member as entry fees for this Multi Zonal Cultural meet. Payment can be made in any form including online transfer or by DD/Cheque/Cash in favor of Rotary Club of Mangalore on or before 9am on 6th of October 2024.

Rotary families are requested to utilize this wonderful opportunity to exhibit their hidden talent. Come, let's have a great fellowship.

Thanking you,

YOURS IN ROTARY

- | | | | |
|--|--|--|--|
| Rtn Devraj Fernandes
President | Rtn Kevin Vas
Secretary | Rtn Rajendra Kalhavi
Event Chairman | Rtn Yathish Baikampady
Event Convener |
| Rtn Ashok K Ujjidi & Rtn Dr Ranjan RK
Assistant Governors- Zone 3 | Rtn Vishwanath Shetty & Rtn Krishna. M. Hegde
Assistant Governors- Zone 2 | | |
| Rtn Harish Shetty, Rtn Ganesh M, Rtn Chandrakanth Marathe, Rtn Navens Kumar, Rtn Narendra Prabhu,
Rtn Rajesh Shetty, Rtn Kishan Kumar & Rtn Dr Yathish Kumar
Zonal Lieutenants- Zone 2 & 3 | | | |
| Rtn Sudhakar Saliyan & Rtn Ganesh Bhandary
Zonal Coordinators | | | |

(ಜಲ್ಲಾ ವಾಚಿವ್ಯವು ಪ್ರಶಸ್ತಿ ಪಡೆದವರು)
ನೌಕರ ಕನಲಾ ಫೋಟೋಗ್ರಾಫರ್ಸ್ ಅಸೋಸಿಯೇಶನ್ (ಓ)
ದಕ್ಷಿಣ ಕನ್ನಡ - ಉಡುಪಿ ಜಿಲ್ಲೆ
ಇವರ ವತಿಯಿಂದ
ಮೂಲ್ಕಿ ವಲಯದ ಅತಿಥಿದಳ

ಅಂಕಣದ ಹಬ್ಬ

ಜಿಲ್ಲಾ ವಾಚಿವ್ಯ ಅರಾಕಾಡು-2024 ರ ಪ್ರಯುಕ್ತ ಆಯೋಜಿಸಿದ
ಭಾಯಾಚರ ಸ್ಪರ್ಧೆಯ ಐವನಮಾನ ವಿಜೇತ ಚಿತ್ರಗಳು

ಪ್ರದರ್ಶನ

ಜಾಡೀದ ಅಕ್ಷರ

ದ್ವಿತೀಯ

ತೃತೀಯ

ರಮಾನಂದ ಪೈ

ನಾಗರ ದೇವಾಲಿಂಗ

HAPPY BIRTHDAY



Ann Asha M Nayak 20th Sept



Rtn. Chandramohan 22nd Sept

Annet Vishwanath T G Shenoy, 18th Sept.



Our Past AG, Director of Vocational Services, District 3181 Secretary (Training) Rtn. Dr. Shivaprasad was the Chief Guest at the Youth Redcross Motivational Camp 2024 held ar Pilikula Science Centre, Pilikula on 22.09.2024.



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